



HOLY TRINITY CATHOLIC SCHOOL

WHAT'S IN THIS WEEK'S ISSUE?

Ash Wednesday Message
from Fr. Shayne Duvall

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Dear Holy Trinity Community,

It is hard to believe, but tomorrow is Ash Wednesday! Time keeps flying by. We now prepare our hearts and minds to enter into this season of penitence and we focus ourselves on the disciplines of prayer, fasting, and almsgiving. Last week at our all-school Mass I asked our pre-K to 8th grade students what would be some good and holy things to do this Lent. Of course, each class/age group had varied answers. Here are some of the things they suggested:

- Pray every morning before getting out of bed.
- Pray in the car before coming to school.
- Pray before every meal.
- Pray before going to bed.
- Pray for those who are sick or having problems.
- Pray for a specific friend or member of the family.
- Go to Mass every weekend.
- Pray a Rosary.
- Pray the Stations of the Cross.
- Go to Confession.
- Give to the poor.
- Volunteer at school or church.
- Give away toys you don't use anymore.
- Don't waste food or drink.
- Clean up after yourself, especially in the school cafeteria.
- Fill up and turn in your rice bowl.
- Give up social media.
- Don't use TikTok
- Limit your time on electronic devices.
- Give up junk food.

Again, these are some not all, and we all know there are more and other ways to pray, fast, and give alms this Lenten season. I also want to remind you of an email we sent last year. I would like to encourage you to teach your children about the importance of abstaining from meat on Fridays while packing their lunches for school. I know things can be hectic when getting lunches ready for the school day and sometimes we just forget. Perhaps even as adults we need that gentle reminder too. It is true that those who are Catholic and 14 years of age and older are asked to abstain from meat on Fridays during Lent. However, this practice requires discipline. It's never too early to instill that in our children's lives. I know that most of your children in our school are not yet 14, but it is most helpful to begin that discipline while they are younger, so when they turn 14 it becomes a familiar sacrifice for them and all of us. Thank you for your help.

Lent is a perfect time for us to refocus on what truly matters and that is our relationship with Christ, with the Church, and with one another. We will be offering many opportunities this Lent and I hope you will take advantage of them. We will offer Evening Prayer every Tuesday evening within Mass at 5:00 PM, followed by Adoration until 9:30 PM every Tuesday, and Stations of the Cross every Friday from 5:00 PM-5:30 PM with our fun Fish Fry immediately following. Confessions will be heard every Wednesday during Lent from 12:00 PM-1:00 PM, as well as, every Saturday from 3:30 PM-4:30 PM. We also have small faith-sharing groups you can sign up for. Reach out to Jacqui Rapp in the parish office to sign up!

Let's make this one of the most enjoyable and profound Lenten seasons we have ever had! Know of my prayers for you and please pray for me!

Fr. Shayne R. Duvall
Pastor

IMPORTANT DATES

Please see the school calendar at the button below for the most up-to-date information regarding upcoming meetings and events.

[CALENDAR](#)

CATHOLIC IDENTITY

Weekend Mass Schedule:

Sat.: 5:00 pm
Sunday: 8:30 am
11:00 am

Confession:
Every Sat.: 3:30-4:30 pm

[Parish Bulletin](#)

Vision Statement of Holy Trinity Catholic School

To be a school of excellence that encompasses the whole child by modeling Jesus through our Catholic teachings, commitment to academics, service to the community, and devotion as life-long servants of God.

SCHOOL NEWS

Uniform Requirements

Parents, please review the handbook for our uniform requirements. We are beginning to see non-uniform clothing, haircuts, hairstyles, and nails in all grades from Kindergarten to 8th Grade. We have been lenient with uniform violations hoping an individual conversation would make the difference. Unfortunately, our conversations are not proving to be effective as we are seeing an increase in students being out of uniform. We ask for your support in seeing improvement in this area. If your child should come home with a uniform violation, know that they were talked with individually. They were given time to talk with you and to make necessary changes but no change was seen.

Our handbook is on our website. You will need to click on Student Life, Forms and Resources, and under General Resources click on the handbook.

CRS Rice Bowl Week 1 Reflection

Rice bowls were blessed at last week's school Mass, before being put together in religion classes. Your child should have their Rice Bowl at home now, and you may have picked up an additional family Rice Bowl at this weekend's Mass. More are available in the church, should you need them.

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl Program. Learn how people like you have made a local and global impact on the lives of our sisters and brother sin need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit csrricebowl.org/week-1 to read this week's Story of Hope.

Friendzy Unit 7

We are on Friendzy Unit 7, which teaches students how to SORT IT OUT. In this unit, we will learn to practice solving problems with words to strengthen friendships. Friendzy teaches conflict resolutions skills that equip students to have healthy and strong relationships for the rest of their lives! Click [here](#) to learn more about Unit 7.

High School Musical Jr.

The countdown is on—High School Musical Jr. is just two weeks away!

We can't wait to bring this incredible show to you! Grab your tickets today using the link below and join us for an unforgettable performance.

<https://cur8.com/16168/project/129661>

Show Dates & Times:

March 14th @ 7:00 PM

March 15th @ 2:00 PM & 7:00 PM

March 16th @ 2:00 PM

Our Jr. High students have poured their hearts into this production, and you won't want to miss another spectacular performance! Get your tickets now!

Parent Book Study Tuesday, March 18th: The Anxious Generation

Who: Parents of Holy Trinity Students

What: Book Study of Jonathan Haidt's The Anxious Generation

When: Tuesday, March 18th

Where: 8:15-9:15 am in MPB or Virtually

This book has been called a must read for parents, and opens our eyes and thoughts to so many topics in helping our children. Not a reader? No worries, we have compiled a list of podcasts, articles, and a TED talk that cover this book as well. Warning: This book is a hefty read, getting started early can help with that. As well, at the end of each chapter there is a summary of key points that chapter makes. We look forward to discussing this book with you!

Other Resources

- [TedTalk](#)
- Podcast: Good Inside with Dr. Becky, The Anxious Generation with Jonathan Haidt
 - [Apple Podcast](#)
 - [Spotify Podcast](#)
- [The Anxious Generation News Room](#)

[Click here to RSVP](#)

If you have any questions or want further information please contact one of our counselors, Rebecca Khoury at rkhoury@ht-school.org, Kary Scinta at kscinta@ht-school.org, or Katie Moore at kmoore@ht-school.org.

PTA NEWS

Teacher Appreciation Week

Teacher Appreciation Week is March 10-14! We need help from you - our parents - to make this week a success. Please see the below schedule and sign up to send in items.

Roll out The Red Carpet.....Holy Trinity Teachers are Our Stars!!

Monday - And The Award Goes To....

Individual gift cards, treats and raffles provided by the PTA

Tuesday - Breakfast at Tiffany's

A continental breakfast donated by HT families

- St. Matthews Campus -
<https://www.signupgenius.com/go/805044CA4AC23A31-48141593-french#/>
- Clifton Campus -
<https://www.signupgenius.com/go/4090849A9A62CABFB6-55231055-tsabreakfast#/>

Wednesday - Lady and the Tramp

An Italian lunch catered by the PTA

Thursday - Lights, Camera, Coffee

Coffee Truck service provided by the PTA

Friday - Willy Wonka and the Chocolate Factory

A dessert bar donated by HT Families

- St. Matthews Campus -
<https://www.signupgenius.com/go/805044CA4AC23A31-54939155-willy#/>
- Clifton Campus -
<https://www.signupgenius.com/go/4090849A9A62CABFB6-55240707-willy#/>

ATHLETICS

Holy Trinity Fish Fry

The Holy Trinity Fish Fry is back for this Lenten Season.

Join us in the Holy Trinity cafeteria for the best fish in town! Plus, all of your favorite side dishes, cold beverages, and some great Holy Trinity fellowship!!!

The Fish Fry will be held from 5:30-8 p.m. on March 7, 14, 21, and April 11.

We are excited to be hosting the Fish Fry again, so please join us. The food line will open at 5:30 p.m. each week and we will be accepting credit cards for the food line. Note: There will be a dining option for adults in the St. Ignatius Center (the old AFR).

There will also be a 3-on-3 basketball tournament each night for the kids in the gym.

If you want to volunteer we have several opportunities. Please consider one of these:

To volunteer for the food line, clean up please see the following link (We have a couple of spots still open): <https://www.signupgenius.com/go/20F0B4BAEA82BA2FF2-holy1#/>

We are still looking for volunteers to referee for the 3-on-3 basketball games. If you want to sign up please click this link. This is great for high school service hours!

<https://www.signupgenius.com/go/20F0B4BAEA82BA2FF2-55416279-fish#/>

To volunteer to help sell beer and soft drinks or if you would like to help in the Fry tent please email Jody Demling at jdemling@htparish.org.

PARISH NEWS

ASH WEDNESDAY

Ash Wednesday Masses will be celebrated at 8:15 a.m. (school Mass) and noon. Stations of the Cross will be prayed during Lent on Fridays at 5:00 p.m.

Parish Renewal Packets

If you missed picking up your stewardship renewal packet after Mass this last weekend, you will have another opportunity this weekend. Please return packets by March 30. Thanks!